

Session 1: Understanding the UK Education System

- **Session Aim:** To familiarise parents with how the UK education system works and how they can support their child.
- **Learning Outcomes:**
 - Identify the structure of primary education in the UK.
 - Differentiate between state and private schools.
 - Understand school communication tools.
- **Content:**
 - Key Stages, year groups, and age ranges.
 - Types of schools and admissions.
 - Roles of school staff.
 - Communication with schools.
- **Teaching Method:**
 - Group discussion, presentation, visual aids.
- **Learner's Role:**
 - Participate in discussion, ask questions, complete group task.
- **Resources:**
 - PowerPoint slides, flipchart, role cards, handouts.
- **Activities:**
 - Matching school staff with job roles.
 - Label key stages on a timeline.
 - Pair-share on school communication experiences.
- **Assessment:**
 - Observation, worksheet completion, group feedback.
- **Homework:**

Look around your local area (online, walking, or talking to others) and list three different types of schools. Try to include:

1. One state (public) school
2. One private (independent) school
3. One faith school or academy

Write down the school names and any information you find.

Session 2: Supporting Reading and Phonics at Home

- **Session Aim:** To introduce basic phonics and reading strategies parents can use at home.
 - **Learning Outcomes:**
 - Recognise alphabet sounds and blending techniques.
 - Use shared reading and phonics games at home.
 - **Content:**
 - Phonics basics (letter sounds, blending).
 - Reading together techniques.
 - Creating a reading habit.
 - **Teaching Method:**
 - Demonstration, peer practice, video examples.
 - **Learner's Role:**
 - Practise phonics, read aloud in pairs, complete reading log.
 - **Resources:**
 - Alphabet cards, picture books, phonics chart.
 - **Activities:**
 - Sound blending game.
 - Shared reading practice.
 - Create a reading log template.
 - **Assessment:**
 - Phonics quiz, observation of reading technique.
 - **Homework:**
 - Read a book with your child and write one sentence in your reading log.
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Session 3: Supporting Writing and Spelling at Home

- **Session Aim:** To help parents develop their children's writing and spelling through fun and simple techniques.
 - **Learning Outcomes:**
 - Support letter formation and simple word writing.
 - Use games to practise spelling.
 - **Content:**
 - Pencil grip, writing patterns.
 - CVC (consonant-vowel-consonant) words.
 - Writing short sentences.
 - **Teaching Method:**
 - Hands-on practice, games, visuals.
 - **Learner's Role:**
 - Practise writing, take part in spelling games, help make a word list.
 - **Resources:**
 - Writing sheets, whiteboards, CVC cards.
 - **Activities:**
 - Tracing and copying letters.
 - Spelling treasure hunt.
 - Word-to-picture matching.
 - **Assessment:**
 - Review handwriting samples and check spelling games.
 - **Homework:**
 - Practise writing 5 words with your child and use them in one sentence.
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Session 4: Maths and Homework Help

- **Session Aim:** To give parents tools and ideas to help their children with basic maths at home.
 - **Learning Outcomes:**
 - Support number recognition and basic maths concepts.
 - Make maths learning part of daily routine.
 - **Content:**
 - Counting, addition, measuring.
 - Shapes, time, money.
 - Homework tips and routines.
 - **Teaching Method:**
 - Demonstration, hands-on practice, group games.
 - **Learner's Role:**
 - Participate in counting and sorting activities, reflect on homework habits.
 - **Resources:**
 - Dice, coins, clocks, shapes, number cards.
 - **Activities:**
 - Money shopping role-play.
 - Count and match objects.
 - Homework planner template creation.
 - **Assessment:**
 - Task completion, quiz, peer discussion.
 - **Homework:**
 - Practise shopping at home using coins with your child.
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Session 5: Parent-School Communication & Support

- **Session Aim:** To build confidence in communicating with school staff and understanding school documents.
 - **Learning Outcomes:**
 - Prepare questions for parent-teacher meetings.
 - Understand school reports and behaviour charts.
 - **Content:**
 - Report cards and learning feedback.
 - Common school terms.
 - Questions to ask at meetings.
 - **Teaching Method:**
 - Role-play, pair work, visual aids.
 - **Learner's Role:**
 - Practise meeting scenarios, read sample reports, prepare questions.
 - **Resources:**
 - Sample reports, prompt sheets, school glossary.
 - **Activities:**
 - Parent-teacher role-play.
 - Group Q&A on school documents.
 - Top 5 questions worksheet.
 - **Assessment:**
 - Participation in role-play, checklist creation.
 - **Homework:**
 - Write down any questions you would ask your child's teacher.
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Session 6: Online Safety & Child Well-being

- **Session Aim:** To help parents keep their children safe online and support their emotional well-being.
 - **Learning Outcomes:**
 - Identify risks of internet use and set safety rules.
 - Recognise signs of bullying and stress.
 - **Content:**
 - Online safety rules and privacy.
 - Signs of online bullying.
 - Emotional check-ins and wellbeing tips.
 - **Teaching Method:**
 - Video, discussion, scenario analysis.
 - **Learner's Role:**
 - Discuss safety rules, create posters, share strategies.
 - **Resources:**
 - NSPCC guides, online safety posters, case studies.
 - **Activities:**
 - Create family internet safety rules.
 - Bullying scenario role-play.
 - Wellbeing game: feelings wheel.
 - **Assessment:**
 - Poster content, participation in role-play.
 - **Homework:**
 - Talk to your child about one online rule you will use at home.
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Session 7: Learning at Home & Fun Engagement Strategies

- **Session Aim:** To help parents create a fun and productive home learning environment.
- **Learning Outcomes:**
 - Develop a home learning routine.
 - Use simple games and activities to engage children.
- **Content:**
 - Daily learning schedules.
 - Rewards and praise.
 - Online resources and apps.
- **Teaching Method:**
 - Group work, demonstrations, tech support.
- **Learner's Role:**
 - Test learning games, create a home timetable, explore apps.
- **Resources:**
 - Planner sheets, game instructions, links to resources.
- **Activities:**
 - Game carousel: maths, phonics, spelling.
 - Design your child's weekly learning timetable.
- **Assessment:**
 - Presentation of plans, sharing apps.
- **Homework:**
 - Try one new learning game with your child and note their response.
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