

Course Title: Keeping Up with the Children (Primary Level)

Target Group: Parents of Primary School Children (ESOL-friendly)

Course Aims (Teacher-Centered)

- To provide parents with a practical understanding of the UK education system.
- To equip parents with strategies to support their children's literacy and numeracy at home.
- To increase parents' confidence in communicating with schools and attending meetings.
- To raise awareness of online safety and child well-being.
- To promote parental engagement in children's learning through fun and effective methods.

Course Outcomes (Learner-Centered)

- By the end of the course, parents will be able to:
- Describe key features of the UK school system and curriculum stages.
- Support their children with reading, writing, and phonics activities at home.
- Help their children with basic maths using everyday activities.
- Communicate effectively with teachers and understand school reports.
- Understand basic online safety practices for children.
- Engage their children in fun, learning-focused home routines.

Detailed Scheme of Work

Topic	Content	Teaching & Learning Methods	Resources	Methods of Learning / Assessment
1 Understanding the UK Education System	Key stages, year groups, school types, roles, curriculum, attendance, school communication	Presentation, group discussion, Q&A, and matching activities	Handouts, visual charts, and school timetable	Group feedback, verbal questioning, and role-play scenarios
2 Supporting Reading and Phonics at Home	Phonics sounds, blending, sight words, reading logs, bilingual support, asking reading questions	Demonstration, phonics games, pair work, flashcards	Phonics chart, storybooks, sound cards	Observation, learner demonstration, pair sharing
3 Supporting Writing and Spelling at Home	Pencil grip, letter formation, punctuation, spelling strategies, creative writing activities	Hands-on practice, model writing, and use of templates	Lined paper, word mats, writing frames	Written examples, peer checking, tutor observation
4 Maths and Homework Help	Every day maths, number vocabulary, problem-solving, fun games, helping without giving answers	Interactive activities, number games, and paired problem solving	Dice, number lines, coins, and household items	Group task results, questioning, learner reflection

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5	Parent-School Communication & Support	Parent-teacher meetings, top questions, school reports, school apps, volunteering	Role-play, guided discussion, and reviewing report samples	Report templates, common questions list	Peer feedback, role-play evaluation, group review
6	Online Safety & Child Well-being	Internet risks, screen time limits, cyberbullying, supporting confidence and emotional health	Case studies, video clips, and group discussion	E-safety leaflets, NSPCC video, emojis chart	Scenario response, group poster, oral feedback
7	Learning at Home & Fun Engagement Strategies	Learning through play, building routines, praise, free apps, and educational games	Game stations, brainstorming, planning learning routines	Printable games, learning apps list, routine planner	Completion of the routine sheet, group sharing, and action plans